

How to Make a Pâpier-Maché Mask

1. Cut up an old newspaper or magazine into strips or small squares.
2. Blow up your balloon.
3. Make the sticky paste. There are two different ways of doing this—see below.
4. Make sure your workspace is protected by a plastic cloth or newspaper.
5. Dip the paper a strip at a time into the paste. Wipe off any excess on the side of your bowl.
6. Stick the paper onto the balloon. Use a paintbrush to smooth it down.
7. Cover half of the balloon to make a face shape and then leave it to dry for a day or so before adding more layers. The more layers you have, the stronger your mask will be.
8. Once your mask is dry and the desired thickness, pop the balloon.
9. Decorate your mask.

Paste Method 1—Flour and Water

You will need:

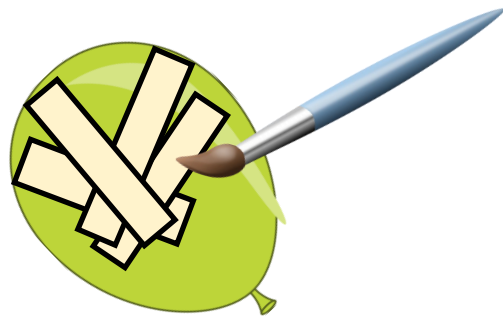
1 mug of flour

1 mug of warm water (plus extra)



Method:

Stir the flour and water together in a bowl to make a smooth paste with no lumps (a little like a pancake batter). Add more water if needed.



Paste Method 2—PVA Glue and Water

Mix 2 parts PVA glue to one part water to make a smooth paste.